

## Activity: Six Hats (De Bono thinking)

Six Thinking Hats is a creative thinking system that helps realise the full thinking potential of individuals and groups.

The hats can be used across a wide range of situations including problem solving, as a meeting management tool and as a method for ideas generation and innovation. The techniques provide a structured process for individuals and groups to focus and be more constructive and productive, in a positive move away from the usual 'drift and argument' approach to thinking.

Most importantly, it allows individuals and groups to look at all sides of an issue cohesively and without confrontation. All of this in a fraction of the time traditional methods take.

The hats are simple and powerful; they can cut across boundaries of age, background and ideology. They provide a practical method of showing that thinking is a skill that can be learned, practiced and improved.

Edward de Bono's Six Thinking Hats quite literally changes the way people think! Making them better communicators, better problem-solvers, stronger team players, and more effective in meetings.

